

# Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 180

	Amount Per Serving	% Daily Value*
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Vitamin D3. . . . .	10 mcg (400 IU)	... 50%
(as Cholecalciferol) (from Lanolin)		

\* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

**Other Ingredients:** Extra Virgin Olive Oil and Softgel Capsule (bovine gelatin, glycerin, water).

**Manufactured and Distributed by:**

Penn Herb Company, Ltd.

Philadelphia, PA 19154-3293

[www.PennHerb.com](http://www.PennHerb.com) / 215-637-4372

**Suggested Use:** Take 1 Softgel 1 to 2 times daily with food.

**Caution:** For adults only. Consult physician if pregnant or nursing, taking medication, or have a medical condition. Keep out of the reach of children.

## Benefits of Vitamin D-3:

Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation becomes necessary to ensure that your body receives an adequate supply.\*

- Supports strong bones\*
- Supports dental health\*

Keep in a cool, dry place with lid tightly closed.

Natural color variation may occur in this product.

**Not manufactured with:** yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients.

**Double Safety Sealed:** Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

**Nature's Wonderland® Guarantee:** This product is guaranteed for purity, freshness and labeled potency.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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