

Supplement Facts

Serving Size 1 Tbsp (15 mL)

Servings Per Container 29

| | Amount Per Serving | % Daily Value |
|------------------------------------|--------------------|---------------|
| Calories | 50 | |
| Calories from Fat | 35 | |
| Total Fat | 5 g | 8% * |
| Saturated Fat | 5 g | 25% * |
| Trans Fat | 0 g | † |
| Polyunsaturated Fat | 0 g | † |
| Monounsaturated Fat | 0 g | † |
| Total Carbohydrate | 6 g | 2% * |
| Vitamin E | 6 IU | 20% |
| Medium Chain Triglycerides (MCTs): | 5.4 g | † |

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

100% GUARANTEED: We're so confident that Barlean's will bring you the results you expect, we offer a 100% guarantee on all of our products.

AVAILABLE SIZES: Liquid 16 ounce

INGREDIENTS: MCT oil (Coconut and/or Palm), water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, sorbic acid, Vitamin E (as d-alpha tocopherol), and ascorbyl palmitate.

SUGGESTED USE: 1 Tbsp daily. Enjoy right from the bottle or add to your favorite foods and beverages. Refrigerate after opening.

SHAKE WELL. Keep out of reach of children.

Do not give to pets.