

Active Ingredients | Purposes:

Arnica Montana 6X HPUS: sore, bruised feeling, minor rheumatic pain

Cimicifuga Racemosa 3X HPUS: muscular cramping pains

Guaiacum 3X HPUS: minor rheumatic pain, stiffness & mobility

Bryonia 3X HPUS: aching in muscles, worse from motion

Rhus Toxicodendrum 6X HPUS: minor rheumatic pains with stiffness, better from warmth

“HPUS” indicates the active ingredients are in the official Homeopathic Pharmacopoeia of the United States.

Inactive Ingredient: Lactose N.F.

Warnings:

Ask a doctor before use if pregnant or nursing. Consult a physician if symptoms persist for more than 7 days or worsen.

Keep this and all medications out of the reach of children. In case of accidental overdose, contact a medical professional or poison control center immediately.

Do not use if imprinted tamper band is broken or missing.