

Active Ingredient (per tablet)	Purpose
Zincum Gluconicum 1X	Cold Remedy
Sambucus nigra 1X Eupatorium perfoliatum 1X	For temporary relief of flu symptoms (cough, nasal and chest congestion and irritated respiratory tract)
Mentha Piperita 2X	
Myrrha 2X	For temporary relief of Sore Throat
Glycyrrhiza G. L. (Licorice Root) 3X	For temporary relief of Irritated Throat

## Uses

Take one QuickMelt every 2-4 hours per Directions.

- to reduce the duration of the common cold
- reduces the severity of cold & flu symptoms: cough, sore throat, nasal and chest congestion, post nasal drip and/or hoarseness
- helps for temporary relief of Sore Throat

## Warnings, Ask a doctor before use if you

- are taking minocycline, doxycycline, tetracycline or are on Coumadin therapy, as zinc treatment may inhibit the absorption of these medicines

**Stop use and ask your healthcare practitioner** if symptoms persist beyond 7 days.

Cold-EEZE® Plus Natural Multi-Symptom Relief Cold & Flu QuickMelts is a combination product formulated to help you to reduce the duration of the common cold and to help relieve Cold and Flu symptoms. It is insufficient treatment for Influenza or Allergies.

**If pregnant or breastfeeding**, ask a healthcare practitioner before use. **Keep out of reach of children.**

## Directions

- Take Cold-EEZE® Plus Multi-Symptom Relief Cold & Flu QuickMelts® when you have cold or flu symptoms
- Adults:
  - Dissolve entire tablet in mouth. Do not chew. Do not swallow whole
  - Take 1 tablet at the onset of symptoms
  - Repeat every 2-4 hours as needed until all symptoms subside
  - Do not eat or drink for 15 minutes after use, otherwise, drink plenty of fluids
  - Recommended daily dose is 6 tablets for adults and 4 tablets for ages 12-17 years
- For children under 12 years of age, consult a healthcare practitioner before use

## Other Information

- Do not take Cold-EEZE® Plus Multi-Symptom Relief Cold & Flu QuickMelts® on an empty stomach to avoid possible minor stomach upset
- Store in a cool and dry place

## Inactive Ingredients

beta carotene, crospovidone, glycine, magnesium stearate, malic acid, maltodextrin, mannitol, microcrystalline cellulose, natural honey crystals, natural honey lemon flavor, natural menthol flavor, polyethylene glycol, silicon dioxide, sodium lauryl sulfate, sodium starch glycolate, stevia, sucralose, talc.