

### Active Ingredient (per caplet)

Allium Cepa L 2X  
Eupatorium perfoliatum 1X  
Polygonum fagopyrum L. 2X  
Pothos Foetidus 2X  
Sambucus nigra 1X  
Tussilago petasites L. 1X  
Urtuca dioica 1X  
Zincum Gluconicum 2X

### Purpose

For temporary relief of symptoms associated with allergies

## Uses

- For temporary relief of symptoms associated with allergies: Breathing difficulties, headache, congestion, itchy eyes, runny nose, stuffy nose and bronchial spasms

## Warnings

### Ask a doctor before use if you

- Are on anticoagulant therapy, barbiturates, or are under medical supervision for diabetes and are taking diabetes medication, as sambucus nigra (Elder Flower) can decrease blood sugar levels

**Stop use and ask your healthcare practitioner** if you have noticed any allergic reaction or rashes or if symptoms persist beyond 5 days.

Cold-EEZE® Natural Allergy Relief is formulated to help you with temporary relief of symptoms associated with indoor/outdoor and seasonal allergies

**If pregnant or breastfeeding**, ask a healthcare practitioner before use. **Keep out of reach of children.**

## Directions

- Take Cold-EEZE® Natural Allergy Symptom Relief when you have allergy symptoms
- For ages 12 years and older:
  - Take 1 caplet with water
  - Repeat every 8-12 hours as needed until all symptoms subside
  - Do Not Take more than 3 caplets per day
- Recommended daily dose is 2 caplets per day
- For individuals under the age of 12, consult a healthcare practitioner before use

## Other Information

- Do not crush or divide the Cold-EEZE® Natural Allergy Symptom Relief caplets
- Store in a dark, cool, and dry place

## Inactive Ingredients

Carbopol, dibasic calcium phosphate, magnesium stearate, methocel, microcrystalline cellulose, silicon dioxide, stearic acid.