Product No. 36748

Ester-C The Better Vitamin C®

The Ester-C® Difference:

24-Hour Immune Support*

Absorbs Into Your System and Stays There*

Once Daily

Patented Vitamin C Formula Ester-C® Effervescent Vitamin C Packets offer 24-hour immune support in a delicious, natural orange flavored formula.* Just take one packet daily with 4-6 fl. oz. of water and you are good to go!

Patented Ester-C® increases levels of Vitamin C in the body - getting into white blood cells, an important part of your immune system.* And, because Ester-C® absorbs into your system and stays there...you get 24-hour immune support and potent antioxidant activity in a once daily 1,000 mg dose.*

Taken once a day, Ester-C® has your immune health covered.* It supports circulation, is beneficial to joints and connective tissues, helps reduce the premature aging of cells, and forms the basis for healthy skin.* Helping to neutralize free radicals, Ester-C® also aids in the nutritional absorption of iron and works with other nutrients to promote overall health.* Along with essential vitamins, such as B-6 and B-12 to promote energy metabolism and vital electrolytes to aid in metabolic hydration, Ester-C® Effervescent Formula has got you covered.* Now more than ever, trust your immune health to Ester-C®.*

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Starch, No Preservatives, No Artificial Sweetener or Flavor. Beta-Carotene Added For Color.

Suitable for Vegetarians

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if packet is torn or open.

Ester-C, Ester-C® and The Better Vitamin C® are licensed TMs of The Ester C Company. U.S. Pat. Nos. 6,197,813 and 6,878,744.

Carefully Manufactured for **AMERICAN HEALTH, INC.**Ronkonkoma, NY 11779 U.S.A. • 866-646-8576 • www.AmericanHealthUS.com
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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Directions: For adults, pour packet into 4-6 fl. oz. of water once daily. Stir or Shake.

Supplement Facts

Serving Size 1 Packet (10 g) Servings Per Container 21

Amount Per Serving	%Daily \	/alue
Calories	25	
Total Carbohydrate	6 g	2%*
Sugars	5 g	**
Vitamin A (as Beta-Carotene)	223 IU	49
Vitamin C (as Ester-C® Calcium Ascorbate)	1,026 mg (1 g)	1,7109
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	0.38 mg	259
Riboflavin (Vitamin B-2)	0.43 mg	259
Niacin (as Niacinamide)	5 mg	259
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	5009
Folic Acid	12.5 mcg	39
Vitamin B-12 (as Cyanocobalamin)	25 mcg	4179
Pantothenic Acid (as d-Calcium Pantothenate)	2.5 mg	259
Calcium (as Ester-C® Calcium Ascorbate,	150 mg	159
Calcium Carbonate, Monocalcium Phosphate and	d Dicalcium Phosph	ate)
Phosphorus	150 mg	159
(as Potassium Phosphate and Sodium Phosphate	e)	151.534
Magnesium	60 mg	159
(as Magnesium Hydroxide and Magnesium Carbo	onate)	
Zinc (as Zinc Ascorbate)	2 mg	139
Manganese (as Manganese Gluconate)	0.5 mg	259
Chromium (as Chromium Ascorbate)	5 mcg	49
Chloride (as Sodium Chloride)	93 mg	39
Sodium	100 mg	49
(as Sodium Phosphate, Sodium Chloride and Sod	dium Bicarbonate)	
Potassium (as Potassium Phosphate and Potassium Bicarbo	280 mg onate)	89
	58 mg	

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Fructose, Maltodextrin, Malic Acid, Citric Acid, Natural Orange Flavor, Silica, Microcrystalline Cellulose.