

Ingredient	Amount/Serving	Daily
Calories	8	††
Total Carbohydrate	3 g	1%
Sodium (as Sodium Bicarbonate and Sodium Carbonate)	130 mg	5%
Proprietary Complex	350 mg	**
Curcumin (Curcuma longa) Rhizome Extract (BCM-95 <sup>®</sup> ) enhanced with turmeric essential oils and standardized for curcuminoid complex (curcumin, demethoxycurcumin, and bisdemethoxycurcumin) supplying 135 mg of pure curcuminoids, Ginger (Zingiber officinale) Rhizome Extract standardized for 6% gingerol content		

\*\* Daily Value (DV) not established

†† Percent Daily Values based on a 2,000 calorie diet

**Other Ingredients:** sorbitol, citric acid, potassium bicarbonate, natural tangerine flavor, stevia leaf extract, sesame oil, organic rice concentrate.

**No:** sugar, yeast, wheat, gluten, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.

**Recommendations:** Drop one tablet into 8 oz. of water or your favorite beverage and allow tablet to dissolve. Works in warm or cold beverages. Customize taste by adjusting amount of water. May adjust dosage as desired by adding more than one tablet.