

Ingredient	Amount/Serving	Daily
Vitamin B6 (as pyridoxal-5-phosphate)	60 mg	3,000%
Proprietary Complex	1,400 mg	**
DLPA (DL-phenylalanine), Boswellia (Boswellia serrata) Gum Resin Extract (BosPure [®]) standardized to contain >70% Total Organic and Boswellic Acids with AKBA >10%, with less than 5% beta-boswellic acids, Curcumin (Curcuma longa) Rhizome Extract (BCM-95 [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin)		
Melatonin	5 mg	**

** Daily Value (DV) not established

Other Ingredients: hydroxypropyl methylcellulose (vegetable cellulose capsules), silicon dioxide, vegetable source magnesium stearate, cellulose powder.

No: sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives. Color variations are normal.

Recommendations: 1 to 2 capsules, preferably 30 minutes before bedtime.



VEGAN NON-GMO

All ingredients established in human studies for safety and effectiveness. Does not interfere with stomach, liver or kidney function.

If pregnant or nursing, consult a health care practitioner before using.