

Supplement Facts

Serving Size 2 capsules

Servings Per Container 60

Amount Per Serving

Zinc (as zinc monomethionine)	7.5 mg
Chrysin	750 mg
Muirapuama extract (bark)	425 mg
Maca (root)	160 mg
Stinging and Dwarf nettle extracts (root)	141 mg
HMRlignan™ Norway spruce (<i>Picea abies</i>) lignan extract (knot wood) [standardized to 90% Hydroxymatairesinol potassium acetate (15.03 mg)]	16.7 mg
Bioperine® piperine [from black pepper extract (fruit)]	7.5 mg

Other ingredients: gelatin, microcrystalline cellulose, maltodextrin, vegetable stearate, silica.

Non-GMO

HMRlignan™ is a trademark used under sublicense from Linnea S.A.

Bioperine® is a registered trademark of Sabinsa Corp.

Dosage and Use

- For adult men, take two (2) capsules in the morning and two (2) in the evening, or as recommended by a healthcare practitioner.
- This product can be taken with or without food.

Caution

If you are taking any medication, use only under physician supervision. Men with existing prostate cancer may not be able to use this product. Elevations in free testosterone can unmask an occult (hidden) prostate cancer. Anyone with this concern should have a baseline PSA prior to using this product and a follow-up PSA test 60 days later. If a significant elevation of PSA is found, discontinue this product and advise physician. Do not take more than 15 mg per day of Bioperine®.

Warnings

- KEEP OUT OF REACH OF CHILDREN
- DO NOT EXCEED RECOMMENDED DOSE
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

