Supplement Facts

Serving Size: 2 vegetarian capsules

Servings Per Container: 30

| Amount Per Serving | | %DV |
|--|--------|------|
| Chromium (as Chromium 454 st) | 200mcg | 167% |
| Vanadium (as amino acid chelate) | 100mcg | † |
| Healthy Appetite Blend Gymnema (Gymnema sylvestre) Leaf Extract American Ginseng (Panax quinquefolium) Root I Banaba (Lagerstroemia speciosa) (Glucohelp™) L (standardized to contain: 18% corosolic acid) | | † |

[†] Daily Value (DV) not established

Other ingredients: vegetarian capsule (vegetable fiber and water), microcrystalline cellulose, magnesium stearate, silicon dioxide

Suggested Use: 2 capsules daily. Best taken in divided dose.

Warning: Insulin Dependent Diabetics should consult with a healthcare practitioner prior to use. If pregnant, nursing, or taking prescription drugs, discuss all products used with a healthcare practitioner.

Contains no: sugar, sodium, corn, dairy products, artificial flavoring or coloring, preservatives or animal ingredients.