

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving		%DV
Calories	5	
Total Carbohydrate	1 g	1%*
Calcium (as Calcium Citrate)	60 mg	6%
Magnesium (from ConcenTrace® & Mag. Citrate)	50 mg	13%
Chloride (from ConcenTrace® & Pot. Chloride)	145 mg	4%
Sodium (from ConcenTrace®, Sodium Citrate)	10 mg	<1%
Potassium (from Pot. Chloride & ConcenTrace®)	70 mg	2%
Alfalfa Leaf	400 mg	†
Herbal Blend	300 mg	†
Valerian Root Concentrate, Passionflower Herb, Black Cohosh Root, Chamomile Flower Concentrate, Skullcap Herb, Wood Betony Herb, Hops Strobile, Capsicum Fruit.		
Low-Sodium ConcenTrace®	275 mg	†
A complex of over 72 ionic trace minerals from Utah's inland sea, the Great Salt Lake.		
GABA (Gamma Amino Butyric Acid)	150 mg	†
L-Theanine (Gamma-Ethylamino-L-Glutamic Acid)	25 mg	†
Sulfate (from ConcenTrace®, Calcium Sulfate)	20 mg	†
Enzyme Complex	15 mg	†
Amylase, Cellulase, Protease, Bromelain, Lipase.		
Boron (as Boron Citrate)	550 mcg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide and vegetable cellulose. **CERTIFIED VEGAN.**

Allergen Info: contains no known allergens.
GLUTEN FREE.

Suggested Use: Take 2 tablets 1 hour before bedtime.

Plus over 72 ionic trace minerals found in seawater. ConcenTrace® is a trade name for concentrated sea minerals from the Great Salt Lake.