

# Supplement Facts

Serving Size: 2 Soft Gels

Amount Per Serving	% Daily Value**	
Calories	20	
Calories from fat	20	
Total Fat	2 g	3%
Saturated Fat	0.6 g	3%
Trans Fat	0 g	†
Total Omega-3s	690 mg	†
EPA (Eicosapentaenoic Acid)	330 mg	†
DHA (Docosahexaenoic Acid)	220 mg	†
Other Omega-3s	140 mg	†

\*\*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.