



Suggested Use: Adults take 1 tablet daily with a beverage. May be taken any time of day, even on an empty stomach.

Supplement Facts

Serving size 1 tablet

Servings per container 60

Amount per serving

% DV

Magnesium
(as fermented magnesium bisglycinate) 50 mg 12%

*Organic spinach 50 mg **

** % Daily Value (DV) not established

Other Ingredients: Ferment media (organic brown rice, rice protein, autolyzed yeast extract, yeast [inactive]), microcrystalline cellulose, stearic acid, hypromellose, silicon dioxide.



Certified



Corporation

