

Two Soft Gels Provide:

Total Omega-3's (from Norwegian fish oil)	400 mg
Providing:	
EPA (EicosaPentaenoic Acid)	266 mg
DHA (DocosaHexaenoic Acid)	134 mg
GLA (Gamma Linolenic Acid from borage seed oil) ..	400 mg
Vitamin D ₃ (cholecalciferol)*	2000 IU
Vitamin E (d-Alpha Tocopherol)*	200 IU

*Natural-source

Other Ingredients: Soft Gel Shell: Beef Gelatin, Glycerin, Water, Lemon Oil. Preservative-free. Natural Color. Gluten-Free.