

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

Amount Per 2 Capsules		% Daily Value	Amount Per Day (4 Capsules)	% Daily Value
Vitamin D (from cholecalciferol)	200 IU	50%	400 IU	100%
Calcium (from calcium carbonate, calcium citrate)	500 mg	50%	1000 mg	100%
Magnesium (from magnesium oxide, magnesium aspartate)	250 mg	62%	500 mg	125%
Zinc (from zinc picolinate, zinc histidinate)	7.5 mg	50%	15 mg	100%
Copper (from copper gluconate)	250 mcg	12%	500 mcg	25%
Manganese (from manganese gluconate)	2.5 mg	125%	5 mg	250%
Boron (from boron citrate, glycinate, aspartate)	1.5 mg	†	3 mg	†

†Daily Value not established.

Other Ingredients: Potato Starch, Gelatin, Starch, Croscarmellose Sodium, Purified Water, Soy Lecithin, Magnesium Stearate, MCT.