## **Supplement Facts**

Serving Size 2 Capsules Servings Per Container 60				
Amount Per 2 Capsules		% Daily Value	Amount Per Day (4 Capsules)	% Daily Value
Vitamin D (from cholecalciferol)	200 IU	50%	400 IU	100%

		Value	(4 Capsules)	Value
Vitamin D (from cholecalciferol)	200 IU	50%	400 IU	100%
Calcium (from calcium carbonate,	500 mg calcium citrate	50% e)	1000 mg	100%
Magnesium	250 ma	62%	500 ma	125%

Calcium (from calcium carb	500 mg onate, calcium citrate	50%	1000 mg	100%
Magnesium (from magnesium	250 mg oxide, magnesium as	62% partate)	500 mg	125%
Zinc (from zinc picolina	7.5 mg te, zinc histidinate)	50%	15 mg	100%
Connor	250 mag	120/	E00 mag	250/

Calcium (from calcium carbonate, c	500 mg alcium citrate	50%	1000 mg	100%
Magnesium (from magnesium oxide, m	250 mg agnesium as	62% partate)	500 mg	125%
Zinc (from zinc picolinate, zinc l	7.5 mg nistidinate)	50%	15 mg	100%
Copper (from copper gluconate)	250 mcg	12%	500 mcg	25%
Manganese (from manganese glucona	2.5 mg te)	125%	5 mg	250%

Copper (from copper gluconate)	250 mcg	12%	500 mcg	25%
Manganese (from manganese gluconate)	2.5 mg	125%	5 mg	250%
Boron	1.5 mg	t	3 mg	t

(from boron citrate, glycinate, aspartate)

†Daily Value not established. Other Ingredients: Potato Starch, Gelatin, Starch, Croscarmellose Sodium,

Purified Water, Soy Lecithin, Magnesium Stearate, MCT.