

# Supplement Facts

Serving Size 4 Tablets  
Servings Per Container 30

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	2g	1%*
Dietary Fiber	1g	4%*
Vitamin C (as Ascorbic Acid)	50mg	56%
Vitamin D (as Cholecalciferol)	10mcg	50%
Calcium (as Ca. Carbonate, Ca. Citrate, Ca. Malate, Ca. Sulfate)	500mg	38%
Iron (from ITM)	0.65mg	4%
Magnesium (from Mg. Oxide, Mg. Citrate, ITM)	500mg	119%
Chloride (from ITM, Potassium & Sodium Chloride)	450mg	20%
Sodium (from Sodium Chloride, ITM)	20mg	1%
Potassium (from Potassium Chloride)	125mg	3%
Ionic Trace Minerals (ITM) Complex	990mg	**
A concentrated complex of full spectrum ionic trace minerals.		
Herbal Blend and Food Base	250mg	**
Wheatgrass ( <i>Triticum aestivum</i> ) Whole, Alfalfa ( <i>Medicago sativa</i> ) Juice Extract, Horsetail ( <i>Equisetum arvense</i> ) Whole & Extract, Watercress ( <i>Nasturtium officinale</i> ) Whole, Strawberry ( <i>Fragaria virginiana</i> ) Leaf, Grapefruit ( <i>Citrus paradise</i> ) Seed Extract.		
Sulfate (from ITM, Calcium Sulfate)	65mg	**
Boron (from Boron Citrate, ITM)	4mg	**

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value not established.

## INGREDIENTS

Stearic acid, microcrystalline cellulose, croscarmellose sodium, magnesium stearate, and silicon dioxide.

## ALLERGEN INFO

**NO KNOWN ALLERGENS. GLUTEN FREE.**