

# Supplement Facts

Serving size 2 tablespoons (1 ounce)

Servings per container 30 (1 capful = 1 oz.)

Amount per serving		%DV
Calories	35	
Total Fat	2 g	3%*
Total Carbohydrate	12 g	2%*
Sugar (from Natural Fruit Concentrate)	12 g	
Vitamin A (as Beta Carotene & Palmitate)	10,000 IU	200%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as D-alpha tocopherol acetate)	55 IU	183%
Vitamin K (as Phytonadione)	70 mcg	88%
Thiamin (as Thiamin HCL) [Vitamin B1]	3 mg	200%
Riboflavin [Vitamin B2]	3 mg	176%
Niacin (as Niacinamide) [Vitamin B3]	35 mg	175%
Vitamin B6 (as Pyridoxine HCl)	4 mg	200%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Panthenic Acid (as Calcium D-Pantothenate)	20 mg	200%
Calcium (from Tri-Calcium Phosphate, Calcium Citrate)	600 mg	50%
Phosphorus (Tri-calcium Phosphate)	275 mg	28%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (from Citrate, Gluconate, ConcenTrace®)	300 mg	50%
Zinc (as Zinc Gluconate)	15 mg	100%
Selenium (as Seleniomethionine)	200 mcg	286%
Copper (as Copper Gluconate)	2 mg	100%
Manganese (as Mang. Gluconate)	4 mcg	200%
Chromium (as Chrom. Amino Acid Chelate)	120 mcg	100%
Molybdenum (as Molybdenum Sodium)	60 mcg	80%
Chloride (from ConcenTrace®)	550 mg	16%
Sodium	5 mg	<1%
Potassium	35 mg	1%
ConcenTrace® (Ionic Trace Minerals)	455 mg	**

A complex of over 72 naturally occurring ionic trace minerals from the Great Salt Lake.

Inositol	45 mg	**
Choline (as Choline Bitartrate)	20 mg	**
Citrus Bioflavanoids	25 mg	**
Sulfate (from ConcenTrace®)	8 mg	**
Aloe Vera Extract (200:1)	2 mg	**
Boron (from Boron Amino Acid Chelate, ConcenTrace®)	1 mg	**

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established.