

Directions

Adults and Children 12 Years of Age and Older: Spray 1–2 times in each nostril, up to 2 times per day. Do not exceed 8 sprays per day.

Children Under 12 Years of Age: Consult a doctor before use.

To Use Pump: Shake well. Remove cap and safety clip. Hold with thumb at bottom of bottle and place nozzle between fingers. Before using for the first time, prime pump by depressing several times. Insert nozzle into nostril and firmly depress rim. Sniff gently. Store at room temperature 59–84 degrees F (15–29 degrees C). Retain carton for future reference on full labeling.

Warnings

For nasal use only. Upon initial use, you may experience a powerful sensation which lasts a few seconds. This sensation is part of the process that allows the capsaicin to work. Temporary discomfort such as burning, stinging, sneezing, or an increase in nasal discharge may result. Ask a doctor before use if you have:

- Asthma or allergies to any of the ingredients.
- Ever had any medical procedures relating to your nose or sinuses or if you're susceptible to nose bleeds.

When using this product: Avoid contact with eyes (in case of accidental contact with eyes, flush with water and seek professional help). Stop use and ask doctor if symptoms persist more than two weeks or worsen, or if you experience dizziness or heart palpitations. If pregnant or breast-feeding, ask a healthcare professional before use. Keep out of reach of children. If swallowed contact Poison Control Center right away. Safety-sealed. Do not use if printed tamper-resistant seal around the cap is broken or missing.