

Nutrition Facts

Serving Size: 1 TBSP (15ml)

Servings Per Container: 16

Amount Per Serving	% Daily Value*	Amount Per Serving	% Daily Value*
Calories	120	Cholesterol	0 mg 0%
Total Fat	14g 21%	Sodium	0 mg 0%
Saturated Fat	2 g 2%	Total Carbohydrate	0 g 0%
Polyunsaturated Fat	1.5g	Protein	0 g
Monounsaturated Fat	10g		

* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Not a significant source of dietary fiber, sugars, vitamin A, vitamin C, calcium and iron.

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