

The sweet-spicy scent of Caraway Seed Oil is likened to the aroma of rye bread. It blends well with other spice essences such as Cinnamon, Coriander and Ginger. Add a few drops to a diffuser to encourage healthy digestion.

**Aromatherapy Uses:** Calming; Mentally Uplifting.

**Safety Information:** Keep out of reach of children. For external use only. May cause skin irritation in concentration. Dilute properly before use.