

Supplement Facts

Serving Size: 1 Veg Capsule

Servings per Container: 60

| | Amount per serving | % Daily Value |
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| Blue Cohosh (root) | 650 mg. | † |
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* Percent Daily Values are based on 2,000 calorie diet.

† Daily value not established

Other Ingredients: Plant Cellulose (Vegetable Capsule).

Suggested Use: As an addition to the diet, take 1 or 2 capsules, three times daily with water at mealtime.

Keep in a cool dry place with cap tightly closed.

WARNING: Not to be used during pregnancy. Do not exceed recommended dosage.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Blue Cohosh is a time-honored Native American female tonic used to soothe PMS discomforts, ease menstrual cramps, and promote uterine health as a powerful reproductive tonic. Today, millions of women still value Blue Cohosh for promoting female health, supporting uterine health and promoting a smooth, healthy female cycle.*

Common uses include:

- Promotes balance in a woman's cycle*
- Eases menstrual and muscle cramps*
- Soothes PMS discomforts*
- Supports as a reproductive tonic*
- Calms and relaxes the nerves*

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

