

Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 60

	Amount per serving
Blessed Thistle Herb (<i>Cnicus benedictus</i>)	350 mg †
† Daily value not established	

Other Ingredients: Plant Cellulose (Capsule).

Manufactured and Distributed by:

Penn Herb Company, Ltd.,
Philadelphia, PA 19154-3293
www.PennHerb.com / 215-637-4372

Directions: Take 1 capsule, three times a day.

WARNING: Consult your physician before use if you are pregnant, nursing, using medication, or have any medical conditions.

Double Safety Sealed: Do not accept if either tear band on cap or inner freshness seal is damaged or missing.

Blessed Thistle is a bitter tonic that encourages healthy digestion, and supports liver and gallbladder function. It is also a valuable women's health herb, useful for supporting menstrual health and female hormonal balance.*

Common uses include:

- Supports healthy digestion
- Supports healthy liver function*
- Supports a healthy female cycle*
- Promotes hormonal balance*

Keep in a cool dry place with cap tightly closed.

Nature's Wonderland® Guarantee: This product is guaranteed for purity, freshness and labeled potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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